

GENERAL SAMPLE LETTER

Prescribes an Emotional Support Animal (the letter should be on the physician's or mental health provider's letterhead)

[Date]

To Whom It May Concern:

[Full Name of Patient] is my patient and has been under my care since [date]. I am intimately familiar with his/her history and with the functional limitations imposed by his/her emotional/mental health-related issue.

Due to this emotional disability, [patient first name] has certain limitations coping with what would otherwise be considered normal, but significant day to day situations. To help alleviate these challenges and to enhance his/her day to day functionality, I have prescribed [patient first name] to obtain an emotional support animal. The presence of this animal is necessary for the emotional/mental health of [patient name] because its presence will mitigate the symptoms, he/she is currently experiencing.

Sincerely,

(Physician's name and title)