



Licensed Marriage and Family Therapist

To Whom It May Concern:

Ms. [REDACTED] (DOB: [REDACTED]) She sought treatment for a mental health-related disorder that can be found in the DSM-V. I'm familiar with her emotional-mental history and with the functional limitations imposed by this mental health-related disorder.

Due to this emotional disorder, Ms. [REDACTED] has certain limitations coping with what would otherwise be considered normal, significant day to day situations, such as symptoms of anxiety (including, lack of interest in daily activities, depression, grouchy, insomnia, worrying cognitions, nervousness, feelings of frustration and inability to self soothe).

To help alleviate these challenges and to enhance her day-to-day functionality, I have prescribed Ms. [REDACTED] to obtain an ESA dog as her emotional support animal, specifically an American Bully breed, named [REDACTED] that weighs [REDACTED]. This animal is necessary for the mental health of Ms. [REDACTED] because its presence will mitigate the symptoms she is currently experiencing.

I am licensed to practice therapy and to prescribe ESAs for treatment. My license number is [REDACTED]. My LMFT license was issued in the state of California in 2008. This letter should suffice as proof of treatment and certification of obtaining and keeping this emotional support animal. I recommend that Ms. [REDACTED] keep her Emotional Support Animal in her dwelling, in accordance with the Fair Housing Act and the Americans with Disabilities Act.

Sincerely,

[REDACTED] LMFT

"This letter is written and this recommendation is made with the explicit understanding that the owner of the pet named herein is at all times responsible for the behavior of such animal and assumes any and all liability with respect to its presence in all housing and/or public spaces. This letter is provided based upon the sworn guarantee of the person named herein affirming the subject animal is well behaved and will at all times be under the direct control of that person. Neither the author of this letter nor the officers, employees, or assignees of RealESAletter.com accepts, assumes, or acknowledges any liability for the actions of any animal or its owner and hereby rejects any such claims."